

## Seeking Summer Program Go!Chefs Nutrition and Cooking Instructor (Part time; 5-20 hrs/week)

The Children's Aid Society (CAS) helps children in poverty to succeed and thrive. We do this by providing comprehensive supports to children and their families in targeted, high-needs New York City neighborhoods. In 2003, CAS launched a number of programs aimed at preventing and slowing the rates of childhood obesity in the communities we serve. The programs come together under the umbrella of Go!Healthy, a comprehensive obesity prevention and health promotion initiative that engages children from birth through adolescence, as well as parents and staff. For information about the Go!Healthy programs, please visit: <http://www.childrensaidnyc.org/programs/gohealthy>

Go!Healthy's Go!Chefs program is a nutrition education and cooking curriculum for elementary, middle and high school youth. Since 2005, Go!Chefs has introduced youth to the pleasures of growing, preparing and enjoying "real food" that is both nutritious and delicious - an essential step toward health and well-being. Our core goals are for children to embrace fresh fruit and vegetables, increase their food literacy and, build skills and self-sufficiency in the kitchen and garden. This program is a complement to our gardening program, which enables children to experience plant-based foods from seed to table.

The Children's Aid Society's Go!Healthy program is seeking dynamic instructor to lead summer Go!Chefs programming. The Go!Chefs instructor will work 2-4 days per week and must be available for a training the last week of June and to conduct classes July 5-August 24 with the possibility of continuing on through the school year.

### Responsibilities include:

- Effectively implementing our curriculum which includes hands-on cooking instruction, nutrition education, activities, and reflection
- Managing and ensuring safety for up to 15 elementary, middle and/or high school students
- Maintenance of classroom equipment and procurement of food needed for lessons
- Communicating with site directors about program progress and needs
- Facilitating classroom discussion around nutrition and the health benefits of fruits, vegetables and whole foods
- Reporting to the Go!Chefs + Gardening Program Manager
- Collaborating creatively with gardening instructors

### Candidate must be:

- A dynamic teacher with significant teaching experience and culinary skills
- Personally committed to wellness and healthy eating
- Highly organized and able to work independently
- Energetic and self-motivated
- Extremely reliable
- Good communicator

**To apply, please send a resume and cover letter to Corey King, MS, RD, Go!Chefs and Gardening Program Manager, at: [cking1@childrensaidNYC.org](mailto:cking1@childrensaidNYC.org)**

#### Executive Staff

President and  
Chief Executive Officer  
Phoebe Boyer

#### Health and Wellness

Vice President  
for Health and Wellness,  
Daniel Stephens, MD

Deputy Director, Programs and  
Business Development,  
Jaime Huertas, MPH

Chief Medical Officer  
Lisa Handwerker, M.D. • FAAP

Deputy Director for Health  
Administration  
Adria Cruz, MPA

Deputy Director for  
Behavioral Health,  
Aaron Newman, LCSW-R